**Policy: Pre-Liver Transplant Outpatient Sedation for MRI/CT Protocol**  
  
**Statement: Activation date:** 10/21/03

**Affected Department:** LiverTransplant Program  
**Vision Strategy:** Patient Care  
**Policy Statement:** The Emory Transplant Center will comply with all applicable federal, state and local laws, regulations and policies regarding the management of prescribing medications and refills.   
**Basis**: This policy is necessary for the protection of patients, physicians and staff  
**Administrative Responsibility:** Section heads, physicians, practitioners, and staff are responsible for compliance with this policy.

**Scope/Procedure:**

**7. Protocol:**

Patients requesting sedation for MRI/CT due to anxiety/claustrophobia may receive:

1. Neurontin (gabapentin) 300 mg PO 30 minutes prior to procedure.  
If this fails:  
2. Atarax (hydroxyzine) 50 ms PO 30 minutes prior to procedure. May repeat times one.  
If this fails:  
3. Ativan (lorazepam) 0.5 mg PO 30 minutes prior to procedure. May repeat times one. If weight is greater than 80 kilograms, may start with 1 mg. Patient may not drive after consuming.

Contact Physician if patient allergic to Neurontin (gabapentin),Atarax (hydroxyzine) or Ativan (lorazepam).

Approved by: Liver Transplant Leadership Group

Stuart Knechtle, M.D.  
Chair, Liver Transplant Leadership Group  
Director, Liver Transplant Program

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Hepatologist Approval:  
  
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James Spivey, MD  
Medical Director, Liver Transplant Program  
  
Approval Dates: 10/21/03, 7/2013  
Revised Dates: 10/26/09, 12/14/12, 7/2013