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| **PROTOCOL TITLE:** Living Donor: Post-kidney Donation Contraception |
| **APPLICABLE FACILITIES:**[ ] EHC [ ] EDH [ ] EHH [ ] EHI [ ] EHN [ ] EJCH [ ] ELTAC [ ] ESJH[x] EUH [ ] EUHM [ ] EUHS [ ] EUOSH [ ] EWWH [ ] RJV-ERH [ ] RJV-ESOP [x] TEC/ESA |
| **EFFECTIVE DATE:**  | **ORIGINATION DATE:** 06/01/2021 |

**CATEGORY:**

Medication Guidelines, Teaching

**LEVEL:**

Independent

**PURPOSE:** This protocol provides guidelines on contraception use for patients post-kidney donation.

**TARGET PATIENT POPULATIONS**

Women of child-bearing age taking hormonal contraception at the time of kidney donation.

**COAGULATION CONSIDERATIONS**

Estrogen containing contraceptives decrease coagulation inhibition by increasing plasma fibrinogen and the activity of coagulation factors; however, the benefit in most patients outweighs the risk. Combined hormonal contraceptives (CHCs) can be continued post-operatively for kidney donors.

**RELATED POLICIES / PROCEDURES: N/A**

**DEFINITIONS:** **N/A**

**REFERENCES AND SOURCES OF EVIDENCE:**

Bonnar J. Coagulation effects of oral contraception. Am J Obstet Gynecol. 1987; 157:1042-8.\

U.S. Medical Eligibility Criteria for Contraceptive Use. 2016; 65:3.

**KEY WORDS:** Living donor, contraception