

Summary of current USPSTF guidelines for routine preventative cancer screening:

- a. Screening mammography every two years for women aged 50 to 74
- b. Cervical cancer screening for women ages 21 and older every three years with cervical cytology or every five years with HPV testing alone
- c. Colorectal cancer screening in adults age 45 to 75, which can include
 - i. High-sensitivity guaiac fecal occult blood test (HSgFOBT) or fecal immunochemical test (FIT) every year
 - ii. Stool DNA-FIT every 1 to 3 years
 - iii. Computed tomography colonography every 5 years
 - iv. Flexible sigmoidoscopy every 5 years
 - v. Flexible sigmoidoscopy every 10 years + annual FIT
 - vi. Colonoscopy screening every 10 years

Click [here](#) for complete and updated guidelines