

EUH Heart Transplant Inpatient Steroid Protocol

- 125mg IV methylpred q8h x **3 doses** followed by
- 0.5mg/kg PO prednisone BID (or IV methylpred equivalent if not tolerating PO) tapered every **2 doses** by 5mg/dose (eg for 100kg patient 50 BID **x2 doses** then 45 BID x **2 doses** etc)
- Transition to daily dosing at 10mg BID and taper based on biopsy results thereafter